

PDSC COVID-19 Club Policies v5: 16th October 2021

History

Version	Date	Description
V1	18/08/2020	Working Draft
V2	21/08/2020	First release with return to pool
V3	10/09/2020	Removed reference to past dates
V4	07/09/2021	Update with relaxation of government and PLC restrictions
V5	16/10/2021	Update with Cheshire East guidance to schools

Purpose

The following temporary policies have been put in place by Poynton Dippers Swimming Club to ensure all parents, members, coaches, and volunteers understand requirements imposed by the government, Swim England and the Everybody Leisure Group as part of a return to swimming for PDSC to ensure the safety for all.

Consent

The confirmation statement and adherence to club policies is mandatory. Members are asked to provide confirmation upon joining the club as part of their registration. Parents can submit confirmation on behalf of their child however they must ensure the information is communicated to the child. Parents should also submit their own confirmation as they may be in attendance for drop-off, pick-up, or volunteering.

Approach

We will capture and store confirmations electronically. All club policies will be presented to the members when they register on the club portal and confirmation is requested. Any paper forms brought to club will not be accepted.

Anybody who is unable to provide electronic confirmation for any reason, or where you have any questions on the process, can contact our secretary **Lyndsey** on secretary@poyntondippers.com, **Michael** on swimmark@poyntondippers.com or **Ian** on membership@poyntondippers.com

These policies will be kept updated in line with any change in guidance from government, Swim England and the Everybody Leisure Group (The pool operator):

Government Guidance -COVID-19: Actions for out-of-school settings:

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/covid-19-actions-for-out-of-school-settings>

Government guidelines on COVID Symptoms:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Everybody Sport & Recreation COVID-19 Risk Assessment 2021:

https://everybody.org.uk/wp-content/uploads/2021/08/ESAR-COVID-19-Risk-Assessment-Issue-4.0_July2021.pdf

Policies

The following policies are in effect from **Saturday 16th October 2021** until further notice:

1. Arrival and Exit

Following the relaxation of government restrictions on 19th July 2021.

- Changing rooms can now be used before and after club sessions
- There will no longer be a one way system
- No lane restrictions or change in etiquette
- Visors/face coverings no longer mandatory
- Parents can pick up and drop off from inside the buildings
- Spectators will be allowed
- If you are unable to attend the session for any reason, please let us know by emailing the Senior Coaches email address seniorcoachingteam@poyntondippers.com

2. Sessions

- Hats are mandatory, and to be worn by all swimmers. If necessary, parents must assist their child with any fitting of hats and goggles as the coaches will not be permitted to help.
- Water bottles on poolside are allowed and encouraged. Please ensure their name is on the bottle. Water bottles should not be shared.
- All swimmers must adhere to their coaches' instructions.
- Toilet policy during a session is strictly with consent from the Senior Coach.
- Lane direction will be communicated by your coach and must be followed at all times.

3. Reporting

- If a member develops any COVID-19 symptoms, they should isolate and book a PCR test in line with government guidelines <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
- The most common COVID-19 symptoms are currently advised as:
 - i. A new continuous cough
 - ii. A high temperature
 - iii. A loss of, or change to sense of smell or taste
- If there is a positive COVID-19 case with a PDSC member they are requested to inform the senior coach running their session.
- Dates and swimming groups of cases should be communicated by coaches to the committee without compromising the privacy of individuals. Names will not be communicated or recorded.

- Squads/parents/coaches will be made aware if a swimmer has tested positive via a Lateral flow or PCR within 48 hours of swimming at Dippers, however names will not be communicated.
- In view of the enhanced temporary recommendations made by Cheshire East in response to high levels of infection within the area, PDSC is similarly requesting that where one individual in a household tests positive, anyone from that household who attends Dippers should:
 - i. Arrange for a PCR test and they should not attend the club for a minimum of 5 days.
 - ii. If the test result is positive the person should self-isolate as required by law.

4. Session cancellation

The club will cancel sessions because of COVID-19 under the following circumstances:

- We are not able to provide coaches to sessions.
- If Everybody Leisure require us to cancel sessions.
- If the government or other authorities require sessions to be stopped