

PDSC COVID-19 Club Policies v2 – 21st August 2020

Purpose

The following temporary policies have been put in place by Poynton Dippers Swimming Club to ensure all parents, members, coaches, and volunteers understand requirements imposed by Swim England and the Everybody Leisure Group as part of a return to swimming for PDSC to ensure the safety for all.

Consent

It is imperative that all parents, members, coaches, and volunteers provide their confirmation that they have read and understood the PDSC COVID-19 Club Policies ahead of return to swimming.

The confirmation statement and adherence to the policies is mandatory. Any member who is unable to provide confirmation will be unable to swim. Parents can submit confirmation on behalf of their child however they must ensure the information is communicated to the child. Parents are also required to submit their own confirmation as they may be in attendance for drop-off, pick-up, or volunteering to help us manage these temporary restrictions.

Deadline

The deadline for confirmation is **Friday 4th September**, to ensure we have time to process responses and support those with any issues. At the time of writing we are still unsure when we will return to the pool, but the committee is working hard with Everybody to ensure this is asap.

Approach

Due to COVID-19 restrictions, we are required to capture and store confirmations electronically and therefore cannot accept paper copies of this form. Please use the confirmation hyperlink sent to you on email. Any paper forms brought to club will not be accepted and admittance will not be permitted.

Anybody who is unable to provide electronic confirmation for any reason, or where you have any questions on the process, can contact **Lyndsey** on secretary@poyntondippers.com or **Michael** on swimmark@poyntondippers.com

Policies

The following policies are in effect from **Saturday 5th September** until further notice;

1. Arrival and Exit

- Swimmers are to be dropped off at reception.
- Face coverings are required to be worn when inside the Leisure Centre for swimmers on arrival and spectators. We will update you if this restriction is lifted.
- Swimmers will proceed to the pool via the spectators' walkway.
- There is a one-way walking system to be observed in the Leisure Centre.
- Please ensure hand sanitiser is used on hands on both entry and exit of the Leisure Centre.
- Each session is 45 minutes in duration.
- Register will be taken upon arrival; you must ensure that you let the person taking the register know that you have arrived for the session.
- Late arrivals will be at the Senior Coaches discretion.

- Swimmers are to arrive “beach” ready as they will be expected to change poolside. We suggest they arrive with their swimwear underneath other clothing so they can get undressed easily.
- Swimmers are to store their change bags on the benches opposite the spectators’ area (the far side of the pool from entry).
- After the session all swimmers should collect their bag and enter the one way system back through the changing rooms and to the fire door exit near the vending machines.
- It is recommended to shower at home and not in the changing rooms. Parents are allowed to support their child getting changed so long as parents also follow the one-way system. Social distancing rules must be followed in the changing rooms.
- The pickup area will be outside the fire exit near to the vending machines. Anybody who is inside the Leisure Centre must observe socially distancing and respect the one-way system in place.
- All swimmers are to exit Leisure Centre swiftly and must be collected on a timely basis.
- If you are unable to attend the session for any reason, please let us know by emailing the Senior Coaches email address seniorcoachingteam@poyntondippers.com

2. Sessions

- Bags and clothes can only be stored in the designated areas, which is the benches opposite the spectators’ area.
- Swimmers must not bring their own equipment with the exception of goggles, hats, and water bottles. All other equipment is to be left at home including kick boards, pull buoys, fins, and anything else. We will advise when this restriction is lifted.
- Hats are mandatory, and to be worn by all swimmers. If necessary, parents must assist their child with any fitting of hats and goggles as the coaches will not be permitted to help.
- Water bottles on poolside are allowed and encouraged. Please ensure their name is on the bottle. Please ensure the bottle is filled at home before the session as the coaches will be unable to help fill bottles on site.
- Swimmers must try to maintain social distancing at all times. The Senior Coaches will direct and advise the swimmers during the session.
- Maximum 5 swimmers per lane, all swimmers must adhere to their coaches instructions.
- Toilet policy during a session is strictly one at a time and with consent from the Senior Coach.
- Lane direction will be communicated by your coach and must be followed at all times.

3. Reporting

- It is the responsibility of the swimmer or parent to inform the swimming club if anyone has COVID-19 symptoms, such as:
 - i. A new continuous cough
 - ii. A high temperature
 - iii. A loss of, or change to sense of smell or taste

- You must advise the club as soon as possible and then are advised to stay at home and self-isolate in line with government guidelines
<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
- If there is a suspected COVID-19 case with a person related to the Leisure Centre (a member, member of staff etc) then the Leisure Centre are to inform PDSC
- If there is a suspected COVID-19 case with a PDSC member they are to inform the club who will in turn inform the Leisure Centre and then share the attendance register for contact tracking.